

OMB APPROVAL	
OMB Number:	3235-0287
Estimated average burden hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* KALVIN GREGORY (Last) (First) (Middle) 450 NORTH BRAND BOULEVARD, 7TH FLOOR (Street) GLENDALE CA 91203 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol DineEquity, Inc [DYN]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) SVP, CORPORATE CONTROLLER
	3. Date of Earliest Transaction (Month/Day/Year) 03/07/2011	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
COMMON STOCK	03/07/2011		M		3,250	A	\$0	14,635	D	
COMMON STOCK	03/07/2011		S		3,250	D	\$55.2099	11,385	D	
COMMON STOCK	03/07/2011		M		10,000	A	\$0	21,385	D	
COMMON STOCK	03/07/2011		S		10,000	D	\$54.932 ⁽¹⁾	11,385	D	
COMMON STOCK	03/07/2011		M		8,333	A	\$0	19,718	D	
COMMON STOCK	03/07/2011		S		8,333	D	\$55.1329 ⁽²⁾	11,385	D	
COMMON STOCK	03/07/2011		S		3,115	D	\$55.08	8,270	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V		(A)	(D)						Date Exercisable
STOCK OPTION (RIGHT TO BUY)	\$28.21	03/07/2011		M		3,250	02/22/2011 ⁽³⁾	02/22/2020	COMMON STOCK	3,250	\$0	6,498	D	
STOCK OPTION (RIGHT TO BUY)	\$40	03/07/2011		M		10,000	02/26/2009 ⁽⁴⁾	02/26/2018	COMMON STOCK	10,000	\$0	0	D	
STOCK OPTION (RIGHT TO BUY)	\$5.55	03/07/2011		M		8,333	02/23/2010 ⁽⁵⁾	02/23/2019	COMMON STOCK	8,333	\$0	8,333	D	

Explanation of Responses:

- The price reported is the average weighted price. The shares were sold in multiple transactions at prices ranging from \$54.667 to \$55.0831, inclusive. The reporting person undertakes to provide to the SEC, the issuer and any security holder full information regarding the number of shares and the prices at which the shares were sold.
- The price reported is the average weighted price. The shares were sold in multiple transactions at prices ranging from \$55.0831 to \$55.25, inclusive. The reporting person undertakes to provide to the SEC, the issuer and any security holder full information regarding the number of shares and the prices at which the shares were sold.
- The stock option was granted under the IHOP Corp. 2001 Stock Incentive Plan. This option to purchase 9,748 shares vests as to one-third of the shares on each of February 22, 2011, 2012 and 2013.
- The stock option was granted under the IHOP Corp. 2001 Stock Incentive Plan. This option to purchase 10,000 shares vests as to one-third of the shares on each of February 26, 2009, 2010 and 2011.
- The stock option was granted under the IHOP Corp. 2001 Stock Incentive Plan. This option to purchase 25,000 shares vests as to one-third of the shares on each of February 23, 2010, 2011 and 2012.

/s/ Kisha L. Parker as attorney-
in-fact for Gregory Kalvin 03/09/2011

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.