FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response: 0.5

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] KALVIN GREGGORY				2. Issuer Name and Ticker or Trading Symbol DineEquity, Inc [DIN]							tionship of Reporti all applicable)	0 ()		
(Last) (First) (Middle) 450 NORTH BRAND BOULEVARD, 7TH FLOOR					e of Earliest Tran 1/2013	isaction (Month	ו/Day/Year)	x	Director Officer (give title below) VP, CORPORA	10% Owner Other (specify below) TE CONTROLLER			
(Street) GLENDALE CA 91203 (City) (State) (Zip)					mendment, Date	of Origin	al File	ed (Month/Da	6. Indiv Line) X					
		Table I -	Non-Deriva	tive S	Securities Ac	quired,	Dis	posed of,	or Be	neficially	Owned			
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Ye	ear) if	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed O 5)			5. Amount of Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						Code	v	Amount	(A) or (D)	Price	Following Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	(1150. 4)	
COMMON STO	OCK		03/01/201	13		М		1,349	A	\$ <mark>0</mark>	11,219	D		
COMMON STO	ЮСК		03/01/201	13		S		1,349	D	\$69.71 ⁽¹⁾	9,870	D		
COMMON STO	ЮСК		03/01/201	13		М		3,249	A	\$ <mark>0</mark>	13,119	D		
COMMON STO	OCK		03/01/201	13		S		3,249	D	\$69.71 ⁽²⁾	9,870	D		
COMMON STO)CK		03/01/201	13		М		3,030	A	\$0	12,900	D		
COMMON STO	OCK		03/01/201	13		S		3,030	D	\$69.7 ⁽³⁾	9,870	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

S

1,468

\$69.77(4)

D

8,402

D

03/01/2013

			3A. Deemed Execution Date,			5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
STOCK OPTION (RIGHT TO BUY)	\$52.37	03/01/2013		М			1,349	(5)	02/28/2022	COMMON STOCK	1,349	\$0	2,698	D	
STOCK OPTION (RIGHT TO BUY)	\$28.21	03/01/2013		М			3,249	(6)	02/22/2020	COMMON STOCK	3,249	\$0	0	D	
STOCK OPTION (RIGHT TO BUY)	\$57.21	03/01/2013		М			3,030	(7)	02/28/2021	COMMON STOCK	3,030	\$0	1,515	D	

Explanation of Responses:

COMMON STOCK

1. The price reported is the average weighted price. The shares were sold in multiple transactions at prices ranging from \$69.45 to \$69.92, inclusive. The reporting person undertakes to provide to the SEC, the issuer and any security holder full information regarding the number of shares and the prices at which the shares were sold.

2. The price reported is the average weighted price. The shares were sold in multiple transactions at prices ranging from \$69.41 to \$70.09, inclusive. The reporting person undertakes to provide to the SEC, the issuer and any security holder full information regarding the number of shares and the prices at which the shares were sold.

3. The price reported is the average weighted price. The shares were sold in multiple transactions at prices ranging from \$69.21 to \$70.05, inclusive. The reporting person undertakes to provide to the SEC, the issuer and any security holder full information regarding the number of shares and the prices at which the shares were sold.

4. The price reported is the average weighted price. The shares were sold in multiple transactions at prices ranging from \$69.44 to \$69.99, inclusive. The reporting person undertakes to provide to the SEC, the issuer and any security holder full information regarding the number of shares and the prices at which the shares were sold.

5. This option was granted to the reporting person under the DineEquity, Inc. 2011 Stock Incentive Plan on February 28, 2012. This option to purchase 4,047 shares of common stock vests as to one-third of the shares on each of February 28, 2013, 2014 and 2015.

6. This option was granted to the reporting person under the IHOP Corp. 2001 Stock Incentive Plan on February 22, 2010. This option to purchase 9,748 shares of common stock vested as to one-third of the shares on each of February 22, 2011, 2012 and 2013.

7. This option was granted to the reporting person under the IHOP Corp. 2001 Stock Incentive Plan on February 28, 2011. This option to purchase 4,545 shares of common stock vests as to one-third of the shares on each of February 28, 2012, 2013 and 2014.

<u>/s/ Kisha L. Parker as attorney-</u> <u>in-fact for Greggory Kalvin</u> <u>03/05/2013</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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